



General Course Framework

(2026.1.v1 - 3/1/26)



Course Information:

Seniors n'Tech: Essentials to Computers, Phones, Tablets and Technology Information

Hosting Organization: Douglas County Senior Services at **Lithia Springs Senior Center**

Facilitated by: Nicholas "Nick" Bartley, M.Ed

Course Dates: **3rd Thursday's @ 12:30 pm – 1:30 pm**

Course Capacity: TBD – **Registration with Lithia Springs Senior Center Staff required**

Location: 7301 Groovers Lake Road, Lithia Springs, GA 30122 – **Room: TBA**

Virtual (via Zoom): Meeting ID: **837 5454 7719** | Passcode: **SNT2026**

Website: www.SeniorsNTech.com (Please check the website for additional information and scheduling)

Course Description:

Seniors n'Tech is a computer and phone technology (PC, Mac, Android, and iPhone) course designed to assist "Senior" Tech Scholars with the latest and greatest information pertaining to their personal electronic devices and general information to keep them in the loop of the ever-changing technology era. This course has an intentional mission to bridge the digital divide many participants may face due to limited or non-existent resources to effectively explain the inner workings and common use of daily devices. Throughout the courses in each quarterly session, information will be presented in a format to ensure proper and accurate knowledge is provided and assessments to evaluate the retention and mastery of the lessons. Seniors n'Tech is great for beginners and challenging enough for those seeking a simple refresher.

Course Offerings:

- ❖ **General Tech** ...Exploring and Understanding Computer, Tablet, and Phone Technology
- ❖ **Productivity Apps** ...Navigating Apple, Android, PC and Google Productivity Applications
- ❖ **Pro(TECH)tion** ...Identifying Scammers, Spammers and Safely Navigating Online & Social Media
- ❖ **Creativity x ARTech** ...Creating Visual Productions using Phones & Tablets

Class Schedule & Time Outline:

- :00 - :05 - **Power Up** (Sign in, Connect Devices, go to www.SeniorsNTech.com website)
- :05 - :10 – **Total Recall** (Quick Review from last session and key topics)
- :10 - :45 – **Data Input** (interactive learning session & apply as you learn)
- :45 - :55 - **Q&A** (General questions on subject or other inquiries)
- :55 - :00 - **Power Down** (Preparation for next session and HW assignments)

Additional Support Resources:

- ❖ **TECH(mate):** Available **by appointment** to assist with tech tutorials and equipment set-up & troubleshooting.
 - **Individual Tutorial/Consultation** assists with navigating devices, software issues, and exploring equipment purchases. (**Virtual and In Person :: based per 30 min increments**)
 - **Tech Troubleshooting/Support** assists with setting up new equipment, troubleshooting equipment issues, and/or software installation and updating. (**Virtual and In Person :: up to 1 hr**)



The Information below is for scheduling purposes and should be used as a guide for course instruction for the year. Please note that class dates are subject to change. Proper notification will be provided if such changes should occur for any of the dates listed below.

2026 Schedule

❖ **March: General Tech: Intro to Navigating Device Settings**

- 19th | Part 1: Specs, Updates & Device Health

❖ **April: Productivity Apps: Using and Managing App Settings**

- 16th | Interpreting/Managing Application Settings

❖ **May: Pro(TECH)tion: Device & Online Safety**

- 21st | Online Safety: Email, Phone, Social & Web Browsing

❖ **June: Creativity x ARTech: Intro to the Camera**

- 18th | Part 1: Exploring Camera Settings

❖ July {16}: General Tech

❖ August {20}: Productivity Apps

❖ September {17}: Pro(TECH)tion

❖ October {15}: Creativity x ARTech

❖ November {19}: General Tech

❖ December {17}: Creativity x ARTech